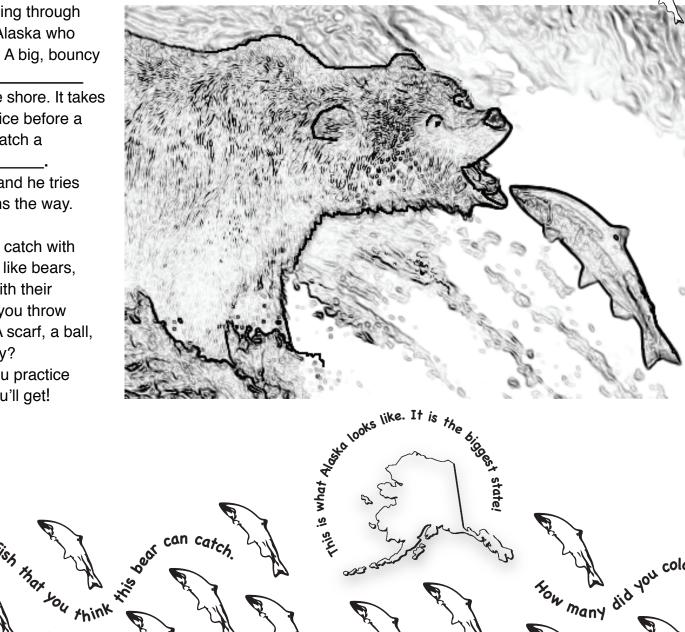
Bear starts with B



Grizzly bears walk in the tall grass, run through the forest, and swim in the cool streams. Mommas little cubs climb up and down the trees. Are you ready to be a mighty grizzly?

Start by walking on your hands and toes. Pretend to jump about in the water catching fish. Stand tall and look around for other bears. Hurry up a tree to safety.

Did you know that fish is good for people too? It has lots of protein that builds strong muscles and bones.

bob·a·loo

If I went wading through a stream in Alaska who would I find? A big, bouncy grizzly fishing by the shore. It takes a lot of practice before a grizzly can catch a

But he tries and he tries until he learns the way.

People don't catch with their mouths like bears. they catch with their hands. Can you throw and catch? A scarf, a ball, a pillow, a toy? The more you practice the better you'll get!

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